

Firstsite

**Art is
where
the
home is**

Activity Pack

Welcome to the 'Art is where the home is' activity pack!

On the following pages lots of artists have designed lots of fun activities for you to make and do at home.

You can choose to do one or two of them, or all of them. You can do them on your own or with other people, morning, noon or night.

We are adding more artists' designs every week. To find out when these are being shared, sign up to the Firstsite mailing list on our website www.firstsite.uk/newsletter

When you have made your artworks, we'd love to see them.

Share your creations by posting on your chosen social media channels, and don't forget to tag us!

Facebook @firstsite

Twitter @firstsite

Instagram @firstsitecolchester

You can also share your artworks on our Online Studio, where you can see other people's posts and get inspiration for your own ideas.

www.firstsite.uk/online-studio

We look forward to seeing your artworks and hope you have lots of FUN making art at home.

Best wishes from the team at Firstsite

- 1 Jeremy Deller
- 2 Ryan Gander
- 4 Antony Gormley
- 6 Idris Khan
- 8 Michael Landy
- 9 Annie Morris
- 12 Harold Offeh
- 13 susan pui san lok
- 14 Bob and Roberta Smith
- 16 Mark Titchner
- 19 Mark Wallinger
- 20 Gillian Wearing

THIS MIGHT BE ART

1. Close your eyes and draw a **SELF-
PORTRAIT**

without opening
them.

2. *Write a poem
in praise of the
toilet roll.*

6. Draw or make a model
of what's going on
inside your **BRAIN**.

7. Join two things
together to make a **NEW THING**.

8. Spell your name out with

O B J E C T S .

9. Write a *diary*
as if you were an
animal.

10. Put on an
art exhibition
in your room.

3. DESIGN
'A MONUMENT
TO THE **KEY
WORKER**'.

4. **Your
house/flat
is a SPACE
STATION,
go on a
journey.**

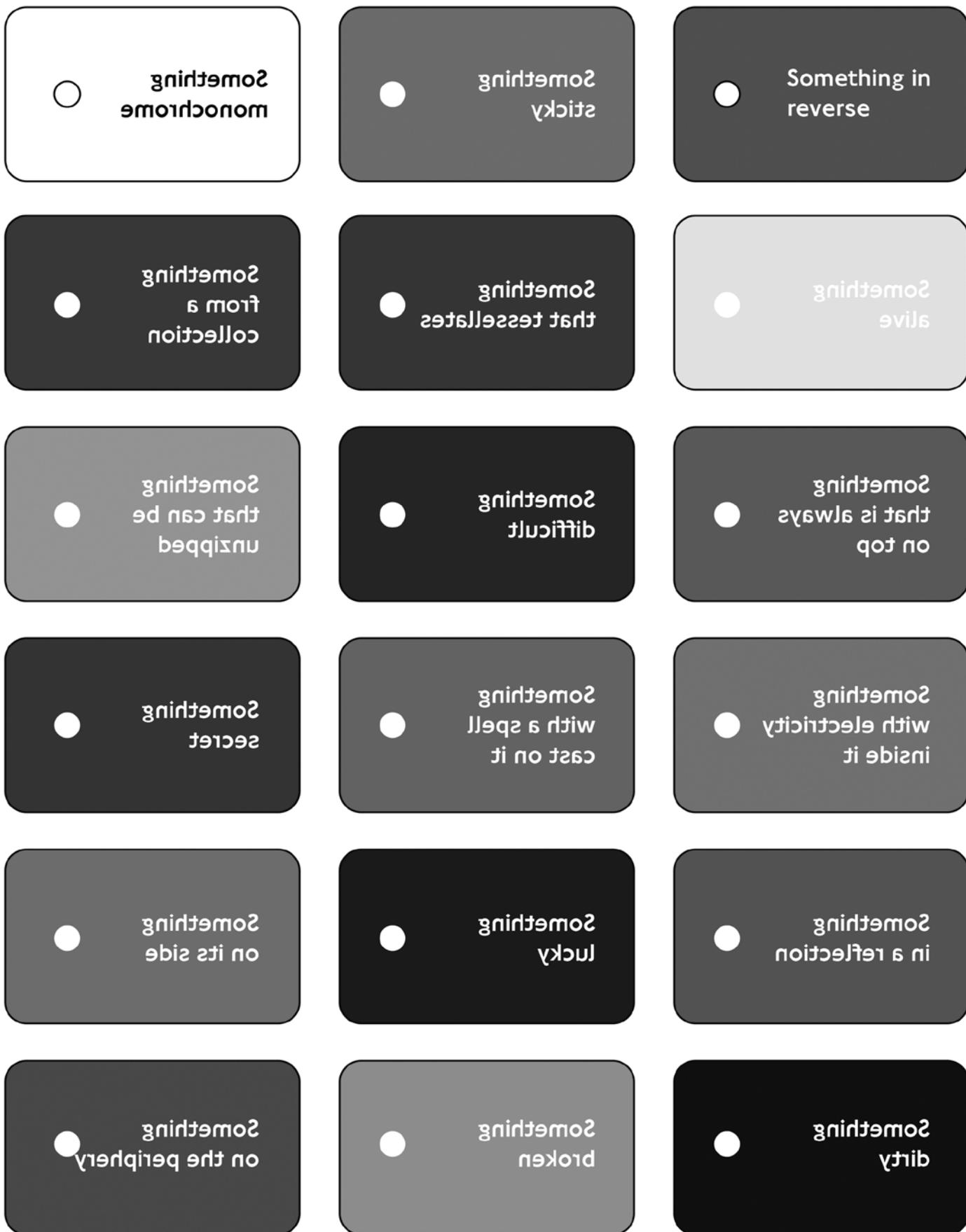
5. Make
a **cartoon
strip** of a
dream you
have had.

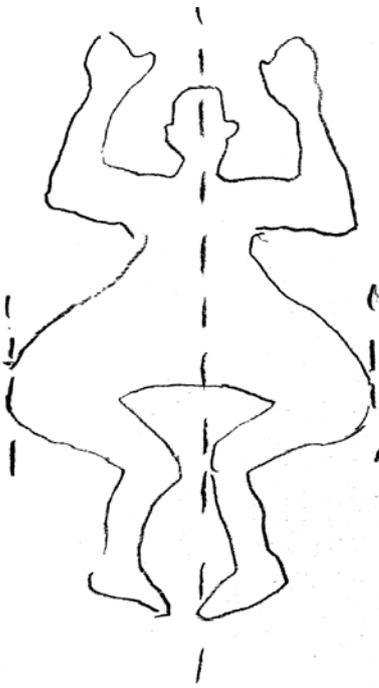
Compiled by Jeremy Deller & Fraser Muggeridge

1. Cut out the labels
2. Hole punch the circles out
3. Tie string to each label
4. Search out items corresponding to the description
5. Attach each label to the objects you find
6. Additional Activity: See how many characteristics you can think of in relation to one of the objects and make your own labels to attach to that object!

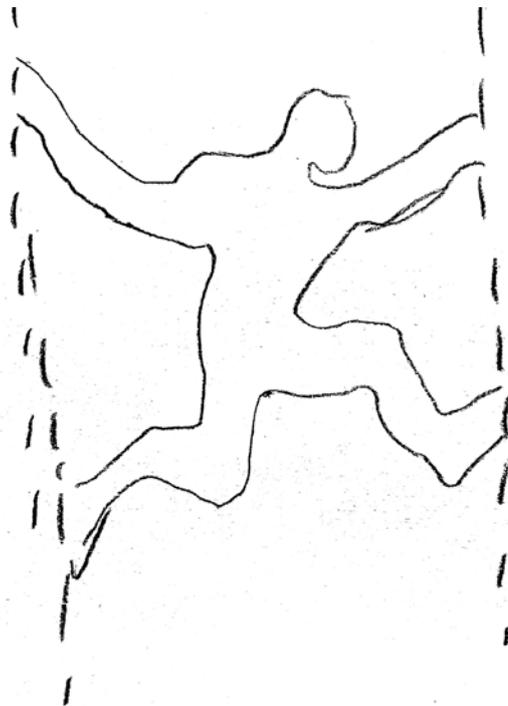
ni gnirtəmo2 əɹɪəvɪɹɪ ●	Something sticky ●	Something monochrome ○
Something alive ●	Something that tessellates ●	Something from a collection ●
Something that is always on top ●	Something difficult ●	Something that can be unzipped ●
Something with electricity inside it ●	Something with a spell cast on it ●	Something secret ●
Something in a reflection ●	Something lucky ●	Something on its side ●
Something dirty ●	Something broken ●	Something on the periphery ●

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split



connected



Friendly

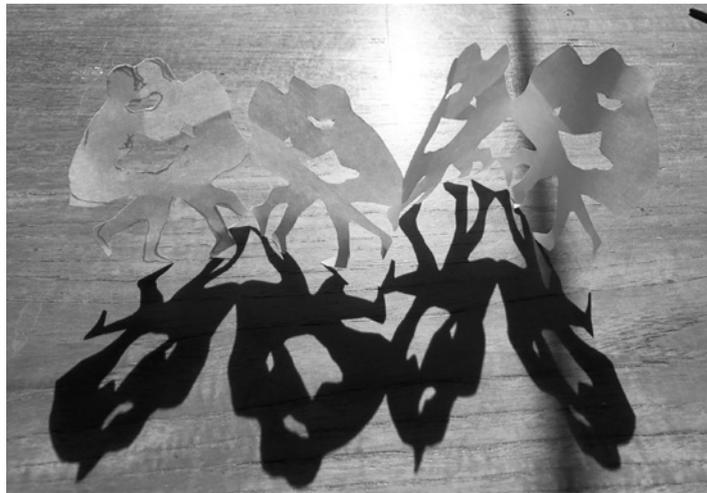
Instructions

This is something that everyone can have fun doing: see what new ideas you can come up with to make repeating paper chains:

Pleat your paper and:

1. Do a half design this will be mirror reflected and repeated through your pleats: the jumper: **split**
2. Do a whole design that connects in one or multiple places on the fold: the dancer: **connected**
3. Do A double design like in the couples that are linked by the bum: **friendly**

You can use ordinary A4 typing paper, newspaper or any old paper. The thicker the paper the harder to cut but the easier to paint.

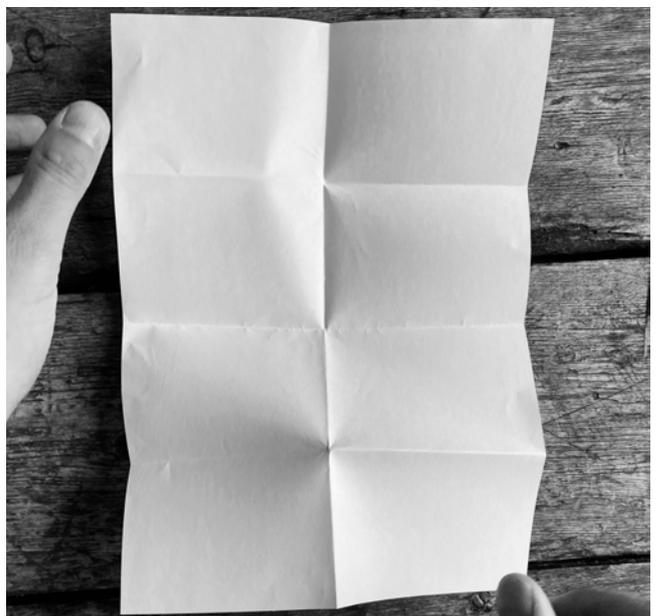
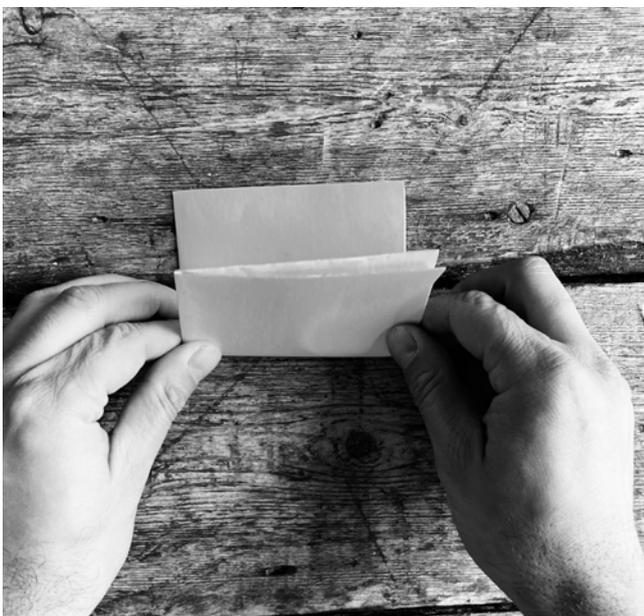
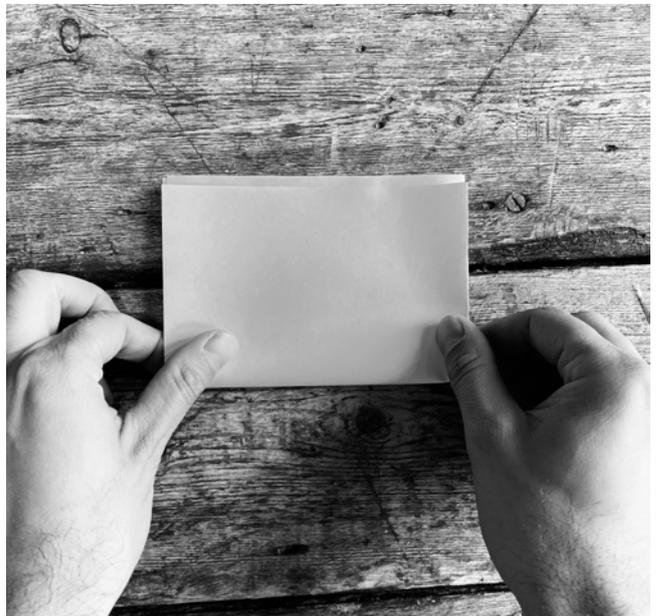
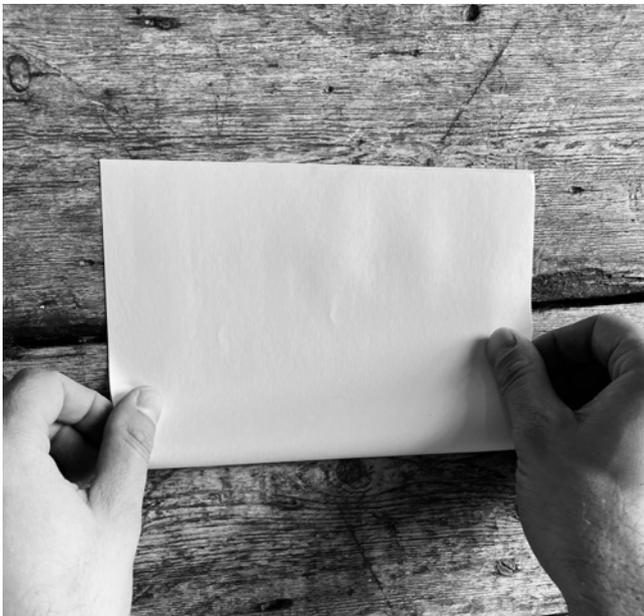




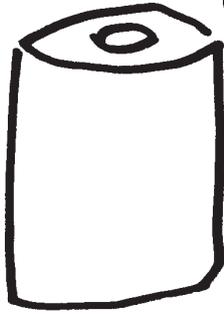
For this drawing you will need...

- 1. A4 Paper. Plain, ruled or sheet music.**
 - 2. Any part of your body you would like to write with.**
 - 3. A sharp pencil or colouring pencils. I like blue.**
 - 4. Patience**
-
- 1. Fold the A4 paper in half, and then half again, and then half again.**
 - 2. Unfold the paper. This leaves eight separate sections.**
 - 3. Starting in the top left section take a pencil (colour optional) and write these words ' We will get through this ' 100 times. Try to fill the square. Be as loose as possible. Overlay as much as you can.**
 - 4. In the top right section write the words ' This shall pass ', 100 times.**
 - 5. Alternate this process in each section down the page. Change colour if you feel like it. I prefer using the same colour and pressing a little lighter or harder each time.**
 - 6. This repetition has no end. Go bigger. Fold more sections. Be free.**

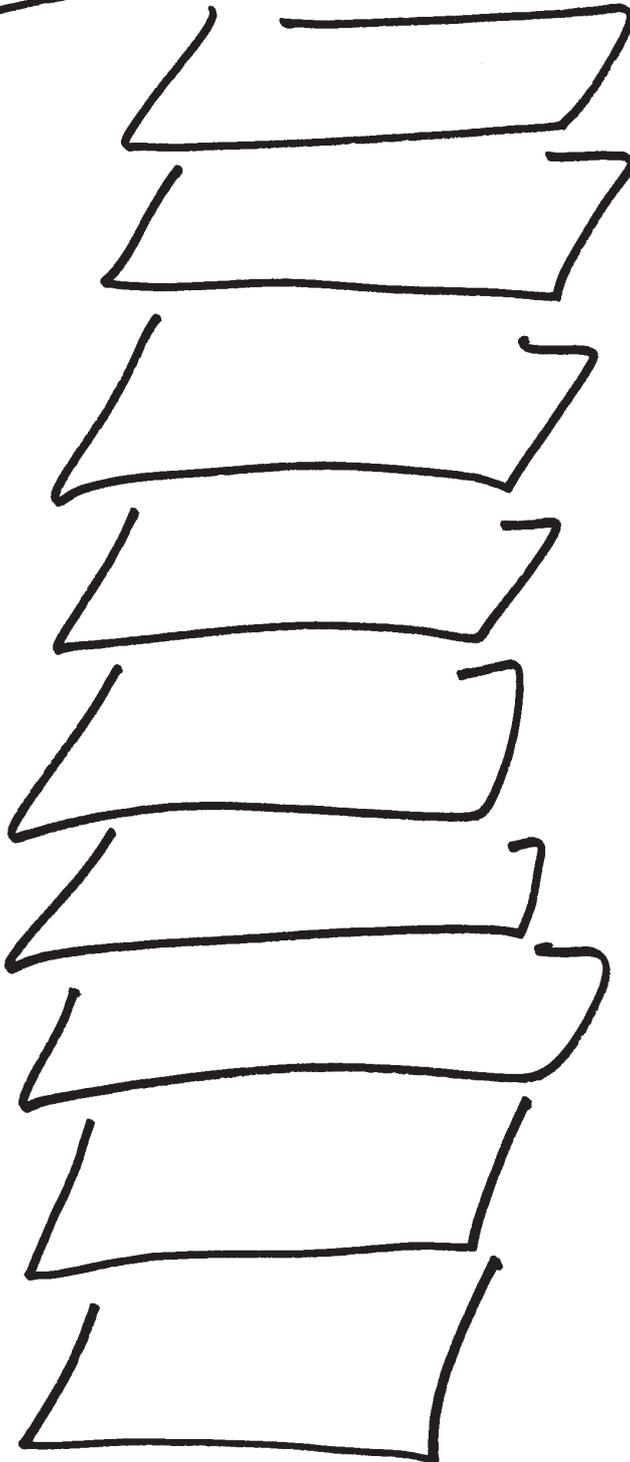
Idris Khan 27/03/2020



MICHAEL LANDY



GROWN-UPS HAVE BOUGHT TOO MUCH TOILET ROLL. WE NEED TO RECYCLE THE REST INTO ARTWORKS



TEAR-OFF INDIVIDUAL

TOILET ROLL LEAFS AND

STACK

THEM ON

TOP OF

EACH OTHER

AS

NEATLY

AS

POSSIBLE

COUNT THE

LEAFS

AS

YOU STACK

THEM.

SEE HOW HIGH YOUR 'STACK' OF LEAFS WILL REACH, BEFORE IT INEVITABLY WILL FALL OVER

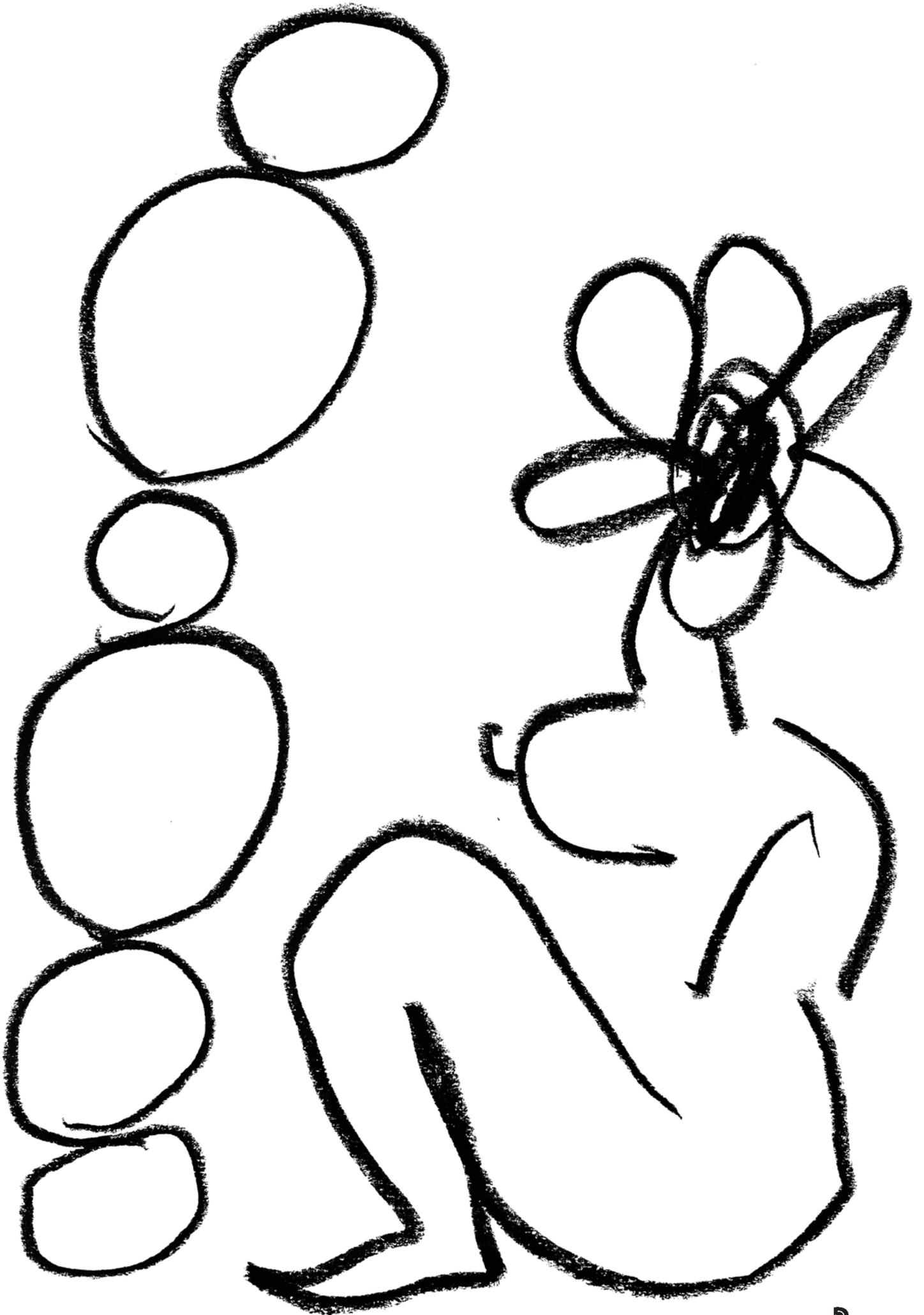
YOU CAN CREATE PATTERNS BY USING DIFFERENT COLOURED TOILET ROLLS.

ANNIE MORRIS COLOURING BOOK

Colour Annie Morris's pages in and collect more over the forthcoming editions of the pack to make your complete Annie Morris colouring book.







OUR ALBUM COVER

Working together with all the people in your home, form a band or group and create your own music album cover.

Harold Offeh

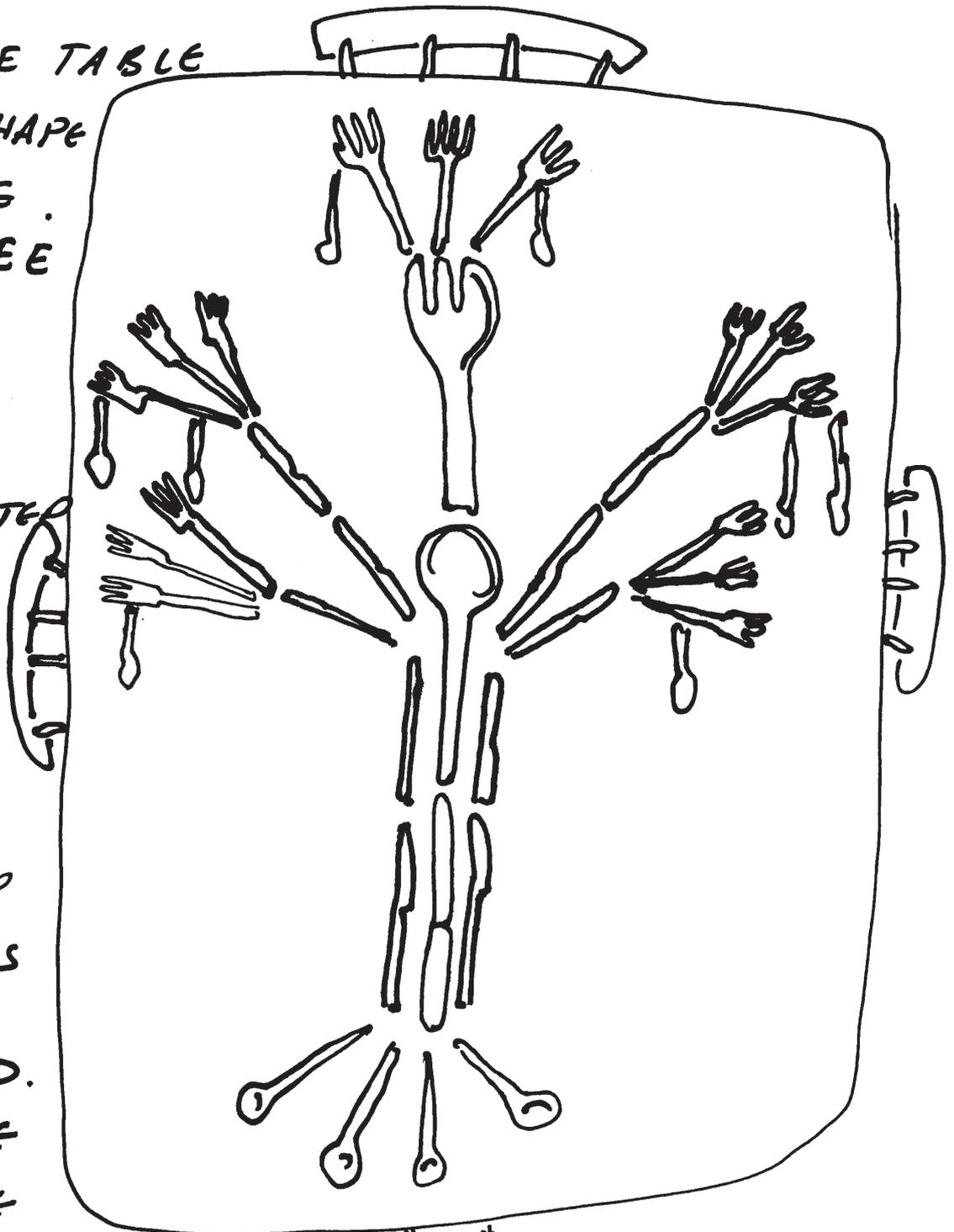


**A R T I S T S A S S E M B L E ! I S O L A T I O N W O R K S !
CUT OUT & KEEP ACTION CARDS: PUT THEM IN A JAR & PULL ONE OUT EVERY DAY**

<p>Imagine the coronavirus as a monster. Can you draw it? Can you fight it? Can you defeat it?</p>	<p>Who do you love? Make a list and repeat their names aloud (start with a whisper, end with a shout)</p>	<p>Swap clothes with your mum / dad / brother / sister and pretend to be them for as long as you want</p>	<p>Watch the sky from your door or window for at least a minute. Take a photo and send it someone you love</p>	<p>What are you grateful for? Write a note or card or letter of thanks – send it or keep it</p>
<p>Write a wish on a piece of paper, tie it or stick it to a tree, shrub, plant or chair, add a wish every day, and watch your 'wishing tree' grow</p>	<p>Draw a scene from your favourite story or movie – now try another with your eyes closed</p>	<p>Open the door or window, close your eyes, and listen. Can you draw the birds? Can you draw the sounds that you hear?</p>	<p>Can you imagine your family as animals? Draw them having dinner, watching a movie or dancing</p>	<p>What are you angry about? Write a note or card or letter of forgiveness – send it or keep it</p>
<p>Use your clean recycling to build a monster, make it bigger every day and smash it up at the end of the week</p>	<p>Who do you miss? Draw a portrait of someone you miss and send it to them</p>	<p>Learn to say thank you in a new language every day – say it all day long</p>	<p>Draw a real or imaginary animal for every letter of the alphabet to make an alphabet zoo</p>	<p>Make a thankyou NHS banner or bunting and hang it on your door / in your window</p>
<p>Get a page from a newspaper or magazine, choose a word from each line and black out or paint over the rest to make a poem</p>	<p>What do you miss doing? Make a poster or map of your favourite places and activities</p>	<p>Learn to say I love you in a new language every day – say it all day long</p>	<p>Make a portrait or self/portrait of your favourite cartoon or anime hero or heroine as a doctor or nurse</p>	<p>Make a lockdown playlist and dance until you drop</p>

LAY THE TABLE FOR LIFE

LAY THE TABLE
IN THE SHAPE
OF A TREE.
PAUL KLEE
THOUGHT
THAT
TREES
'REPRESENTED
THE
'LIFE
FORCE'



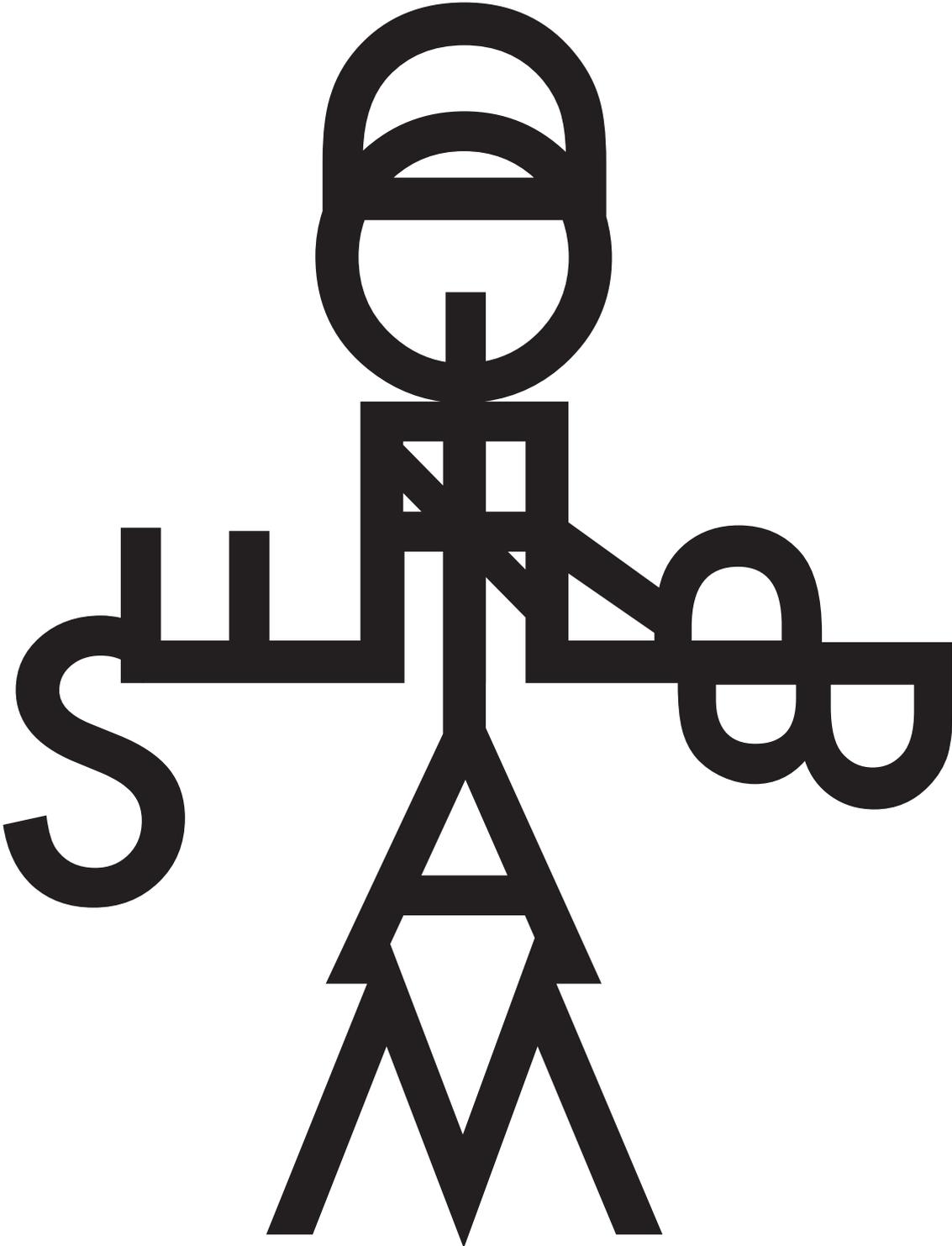
MY TREE
HAS A
RICH CROP
OF SPOONS
READY TO
BE PICKED.
YOUR TREE
MAY HAVE

A CROP OF COOKIE CUTTERS OR
IT MAY HAVE REAL FRUIT. DRAW YOUR
TABLE TOP TREE OR TAKE A PHOTO. EVERY

TIME YOU LOOK AT THIS IMAGE YOU WILL SEE
AN IMAGE OF THE 'LIFE FORCE'

S.TAY WE'LL STAY IN. X BOB + ROBERTA





I W A N T H S D E O C G R L F B

For this activity all you will need is a piece of paper and a pen or pencil

To start with you are going to ask yourself a question:

Is there something that you would really like to happen?

Perhaps there is something that you would particularly like to do or something that you would like to be better at doing.

Maybe there is a place you'd like to go to or even something that you would like to own.

Think about this for a moment.

Concentrate and try to think of this thing that you would really like to happen.

When you are ready write it down on the piece of paper. Instead of just writing down the thing that you want to happen think of how you might include it in a simple statement.

You can do this in any way but it could start something like: 'I would like to...' or 'It is my wish to...' or 'I want to...'

It's up to you but for example I could write; 'I would like to be more confident'.

Ok, so now we have a short statement saying something that you would like to happen. That's the first part of the activity.

Now look at what you have written down. What we are going to do next is condense your statement into something shorter.

Look at the statement you have written. You'll see that in the sentence some letters appear more than once. Now we are going to cross out all the letters that appear more than once leaving just one of each letter.

Here's how this would work with the example that I gave above:

I w o u l d h i k e t o b e m o r e c o n f i d e n t

Now write down all the letters that you haven't crossed out.

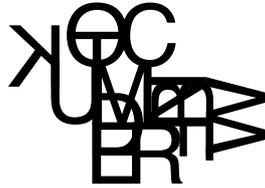
Once I removed all of letters that were repeated in my example I have the letters:

I w o u l d k e t b m r c n f

The next step is to use these letters to make a drawing.

We're going to use these letters to make a symbol. There's lots of ways you could do this: you can rearrange your letters in any way you like. You could make some of the letters bigger or smaller. You could turn some upside down or join them together. It's completely up to you how you do this.

Here's an example drawn on the computer based on the statement I used above 'I would like to be more confident'. Yours will probably look very different drawn by hand.



You can probably see all the letters but by just looking at the symbol you wouldn't be able to guess what the original statement was. Though perhaps you might like to look at someone else's symbol and guess what they were thinking of.

So, we've gone through the process of thinking about something you would like to happen, writing it down, removing letters that appeared more than once and we have finished with an abstract symbol.

Take a look at what you've drawn. Concentrate on what it looks like. Can you remember the shape when you close your eyes? It's quite a difficult thing to do.

Open your eyes again, does the shape look like you imagined it to?

Could you draw the shape again without looking at your original drawing. Try it and compare it to the original. Again, it's really quite difficult.

Spend as much time as you like concentrating on the shape and how it looks.

When you are ready it's time for the last part of the activity.

The next thing we are going to do might sound a bit strange. We're going to take the drawings we made and we're going to tear them up into little pieces (of course you don't have to if you don't want to) and then to finish we are going to take these pieces and throw them in the bin.

The very last thing that we are going to do might sound even stranger but we are going to try and forget completely about the drawings that we made. Again this might be harder to do than you might think but try and forget about your drawing and what you wrote down.

It's time to move on to the next activity for the day but in a couple of months you might like to think about what you wrote down and the drawing you made. Can you remember what the thing was that you wanted to happen?

Have a great day!

WAVE

1. Draw your own hand.

If you are right-handed, use your left hand to trace around your right hand on to a sheet of A4 paper. You can then fill in the details by looking at the upturned palm of your left hand. If you are left-handed then vice versa.

2. Then write your name.

3. Fix the drawing in your window

and/or

4. Scan your drawing or take a picture of it, and post it on the web.

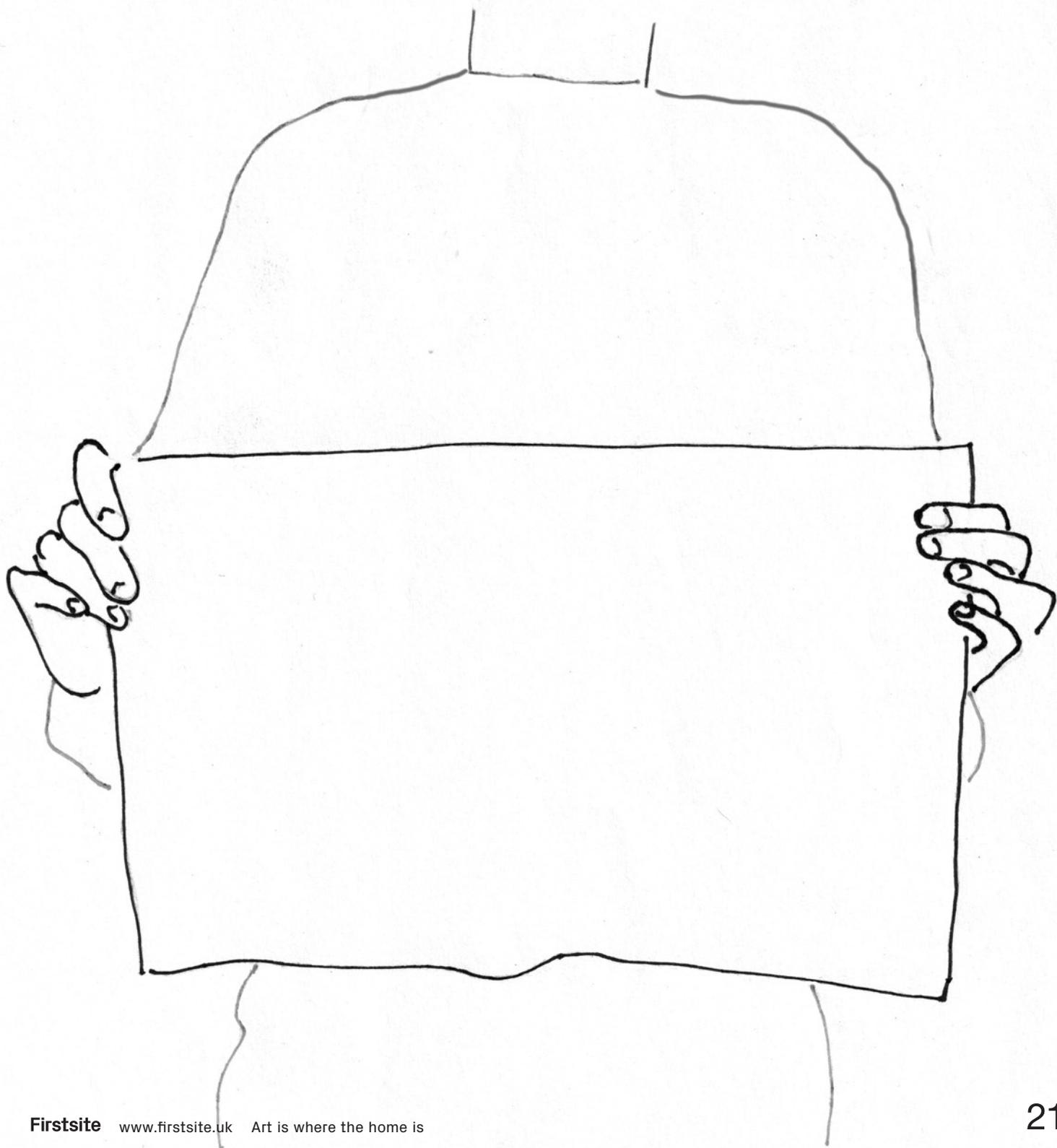


Gillian Wearing

Instruction

1. Please cheer someone up by filling in the blank sign with encouraging words and draw your face on top.
2. Or take a photograph of yourself holding your own self-penned sign.





Finished the pack?! 😞

You can find more fun and imaginative ideas and activities to try below – from our Online Studio to other galleries' websites and social media from across the UK!

Additional resources

Firstsite Online Studio

Explore our Online Studio for a range of creative and fun things to do at home! Simply visit www.firstsite.uk/online-studio and start discovering creative gems:

- For more fun activity ideas from artists around the UK select “Art is where the home is”.
- Select the category “Create at Home” and try your hand at some simple, therapeutic craft activities in our interactive video and activity sheet series with artist, Iris Gunnarsdottir. Perfect for ages 4–9, but suitable for anyone!
- Join in with our community storytelling series as part of our exhibition “Tell me the story of all these things” – simply take a photo or draw a picture of something in your home that has a special meaning and post it on our online studio or on your social media with your story about why it's special – don't forget to tag us and use the hashtag #Tellmethestory. Perfect for ages 13+ – but suitable for anyone!
- See behind the scenes of our recent exhibitions– just select the category “Exhibitions – Behind the Scenes”.

Colchester Arts Centre are performing ‘A Poem a Day’ – visit their Facebook page facebook.com/ColchesterArtsCentre to watch Director Anthony Robert's fantastic recitals of verse from poets including Carol Ann Duffy, Roald Dahl and Maya Angelou. All child friendly (except number 13 by Philip Larkin!). Plus you can discover the joys of writing your own poetry by following Antony's activity in the Firstsite Online Studio.

Follow Bob and Roberta Smith on Instagram for their #StayatHome daily art tasks – our favourite so far is the Painting Sandwich! [@bobandrobertasmith](https://www.instagram.com/bobandrobertasmith)

Explore the hashtag #artinisolation on social media – as with all social media parental guidance advised!

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About Firstsite

Firstsite is an international gallery and creative community space, showing a diverse mix of the very best historic modern and contemporary art from around the world for everyone, every day, in our gallery and online. At Firstsite, we disrupt the way we all experience the world, providing new creative opportunities and promoting imaginative responses to contemporary issues. Find out more about Firstsite and how to support our work at www.firstsite.uk

Firstsite is delighted to be working nationally in partnership with Creative Civic Change, which is a partnership between Local Trust, the National Lottery Community Fund, the Calouste Gulbenkian Foundation, and the Esmée Fairbairn Foundation. The programme supports fifteen communities across England to use the power of the arts and creativity to create meaningful civic change in their areas.

Firstsite, Lewis Gardens,
High Street, Colchester
CO1 1JH

Registered charity no. 1031800.

Thank you to all contributing artists for making this activity pack possible:

Jeremy Deller, Fraser Muggeridge, Ryan Gander, Antony Gormley, Idris Khan, Michael Landy, Annie Morris, Harold Offeh, susan pui san lok, Bob and Roberta Smith, Mark Titchner, Mark Wallinger and Gillian Wearing.

Thank you to Fraser Muggeridge and Michela Zoppi for all of their work and dedication in bringing this activity pack to fruition.

We've been overwhelmed by the positive response from the artist community and thrilled to be able to collaborate with such amazing artists to bring their ideas to the nation and help everyone get through this challenging time.

A massive and ongoing thanks to everyone in the NHS for all they are doing during this difficult time. And special thanks to everyone in the NHS, local authorities and voluntary and community sectors in the Suffolk and North East Essex Integrated Care System who are doing an incredible job in unprecedented times to enable these packs to reach over 10,000 vulnerable local people.

This continuing partnership, which also supports our Holiday Fun Programme, allows us to reach even more people together, so they can experience the benefit of art and creativity, and live happier and healthier lives.

Art is for everyone, please share whatever you make with everyone in your household – and don't forget to share it with us, using social media:

Facebook @firstsite

Twitter @firstsite

Instagram @firstsitecolchester

