## St John's Green School - Dinner Menu Foundation & KS1 (Year EYFS, 1 & 2)

Please see below the new Universal Free School Meal menu which will run for the next six weeks.

Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

| Name         |                                   | Class                       |                                   |                                 |                                    |
|--------------|-----------------------------------|-----------------------------|-----------------------------------|---------------------------------|------------------------------------|
|              | MEAT FREE MONDAY                  | Spaghetti Bolognaise        | Pork Sausage and Mash             | Chicken Nuggets                 | Fish Fingers                       |
| Week         | Cheese & Tomato Pizza             | Fresh Bread Wedge           | Baked Beans                       | 👗 🛮 In a Tortilla Wrap          | Chips                              |
| Commencing   | Jacket Wedges                     | Mixed Vegetables            | Peas                              | Rice                            | Peas                               |
|              | Green Beans                       |                             |                                   | Fresh Salad & Garlic Mayo       | Baked Beans                        |
| 11th March - | Fresh Fruit Platter               | Flapjack or Fresh Fruit     | Fresh Fruit Platter               | Cookie or Fresh Fruit           | Iced Chocolate Cake or Fresh Fruit |
| 15th March   | Cheese & Vegetable Pizza          | Veggie Spaghetti Bolognaise | Veggie Sausages & Mash            | Falafel in a Tortilla Wrap      | Quorn Fishless Fingers             |
| ,            | Ploughmans                        | Ploughmans                  | Ploughmans                        | Ploughmans                      | Ploughmans                         |
|              | Jacket Potato with Cheese / Beans | Jacket Potato & Filling     | Jacket Potato with Cheese / Beans | Jacket Potato & Filling         | Jacket Potato with Cheese/Beans    |
| Week         | MEAT FREE MONDAY                  | Chicken Tikka Masala        | Roast Beef & Gravy                | Pepperoni Pizza                 | Fish & Chips                       |
| Commencing   | Macaroni Cheese                   | Naan Bread                  | Yorkshire Pudding                 | Jacket Wedges                   | Baked Beans                        |
|              | Fresh Bread Wedge                 | Fluffy Rice                 | Roast Potatoes                    | Sweetcorn                       | Peas                               |
| 18th March - | Salad                             | Peas                        | Carrots or Broccoli               |                                 |                                    |
| 22nd March   | Fresh Fruit Platter               | Shortbread or Fruit         | Fresh Fruit Platter               | Frozen Yoghurt Pot or Fruit     | Iced Sprinkle Cake or Fresh Fruit  |
|              | Fusilli with Tomato & Basil Sauce | Quorn Curry & Rice          | Veggie Burger                     | Cheese & Tomato Pizza           | Veg Nuggets                        |
|              | Ploughmans                        | Ploughmans                  | Ploughmans                        | Ploughmans                      | Ploughmans                         |
|              | Jacket Potato with Cheese / Beans | Jacket Potato & Filling     | Jacket Potato with Cheese / Beans | Jacket Potato & Filling         | Jacket Potato with Cheese/Beans    |
| Week         | MEAT FREE MONDAY                  | Sticky Chicken              | Sausage Roll                      | Fish Fingers                    |                                    |
| Commencing   | Tomato Pasta & Cheese Option      | Fluffy Rice                 | Mashed Potatoes                   | Chips                           |                                    |
|              | Fresh Bread Wedge                 | Peas & Sweetcorn            | Gravy                             | Baked Beans                     | GOOD FRIDAY                        |
| 25th March - | Sweetcorn                         |                             | Mixed Vegetables                  | Peas                            |                                    |
| 29th March   | Fresh Fruit Platter               | Flapjack or Fruit           | Fresh Fruit Platter               | Easter Egg Cake or Fresh Fruit  |                                    |
|              | Tomato Pasta Bake                 | BBQ Quorn & Rice            | Vegan Sausage Roll                | Quorn Dippers                   |                                    |
|              | Ploughmans                        | Ploughmans                  | Ploughmans                        | Ploughmans                      |                                    |
|              | Jacket Potato with Cheese / Beans | Jacket Potato & Filling     | Jacket Potato with Cheese / Beans | Jacket Potato with Cheese/Beans |                                    |

Fresh Fruit, Yoghurt, and Water available daily.

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|              | Name                              | 1                       | Class                             | 1                                 |                                 |
|--------------|-----------------------------------|-------------------------|-----------------------------------|-----------------------------------|---------------------------------|
|              | MEAT FREE MONDAY                  | Chicken Curry           | Chicken & Gravy                   | Spaghetti Bolognaise              | Fish Fingers                    |
| Week         | Cheese & Tomato Pizza             | Fluffy Rice             | Roasted Potatoes                  | Fresh Bread Wedge                 | Chips                           |
| Commencing   | Jacket Wedges                     | Naan Bread              | Stuffing Ball                     | Mixed Vegetables                  | Baked Beans                     |
|              | Sweetcorn                         | Peas                    | Carrots or Broccoli               |                                   | Peas                            |
| 15th April - | Fresh Fruit Platter               | Shortbread or Fruit     | Fresh Fruit Platter               | Frozen Fruit Smoothie or Fruit    | Cake or Fresh Fruit             |
| 19th April   | Cheese & Pepper Pizza             | BBQ Quorn & Rice        | Quorn Fillet & Gravy              | Veggie Bolognaise                 | Quorn Fishless Fingers          |
|              | Ploughmans                        | Ploughmans              | Ploughmans                        | Ploughmans                        | Ploughmans                      |
|              | Jacket Potato with Cheese / Beans | Jacket Potato & Filling | Jacket Potato with Cheese / Beans | Jacket Potato & Filling           | Jacket Potato with Cheese/Beans |
| Week         | MEAT FREE MONDAY                  | Pepperoni Pizza         | Sausage Roll                      | Beef Lasagne                      | Fish Fingers                    |
| Commencing   | Tomato Pasta & Cheese Option      | Jacket Wedges           | Mashed Potatoes                   | Fresh Bread Wedge                 | Chips                           |
|              | Fresh Bread Wedge                 | Peas                    | Gravy                             | Fresh Salad                       | Baked Beans                     |
| 22nd April - | Green Beans                       |                         | Mixed Vegetables                  |                                   | Peas                            |
| 26th April   | Fresh Fruit Platter or Yoghurt    | Flapjack or Fruit       | Fresh Fruit Platter               | Smoothie or Fruit                 | Chocolate Cake or Fresh Fruit   |
|              | Fusilli with Tomato & Basil Sauce | Cheese & Tomato Pizza   | Vegan Sausage Roll                | Vegetarian Lasagne                | Veg Nuggets                     |
|              | Ploughmans                        | Ploughmans              | Ploughmans                        | Ploughmans                        | Ploughmans                      |
|              | Jacket Potato with Cheese / Beans | Jacket Potato & Filling | Jacket Potato with Cheese / Beans | Jacket Potato & Filling           | Jacket Potato with Cheese/Beans |
|              | MEAT FREE MONDAY                  | Sausage Pasta Bake      | Roast Beef & Gravy                | Chicken Nuggets                   | Fish & Chips                    |
| Week         | Cheese & Tomato Pizza             | Fresh Bread Wedge       | Roast Potatoes                    | In a Tortilla Wrap                | Peas                            |
| Commencing   | Jacket Wedges                     | Green Beans             | Yorkshire Pudding                 | Savoury Rice                      | Baked beans                     |
| _            | Peas                              | Sweetcorn               | Carrots or Broccoli               | Fresh Salad                       |                                 |
| 29th April - | Fresh Fruit Platter               | Cookie or Fresh Fruit   | Fresh Fruit Platter               | Flapjack or Fresh Fruit           | Sprinkle Cake                   |
| 3rd May      | Cheese & Veg Pizza                | Tomato Pasta Bake       | Quorn Burger                      | Falafel in a Tortilla             | Quorn Fishless Fingers          |
|              | Ploughmans                        | Ploughmans              | Ploughmans                        | Ploughmans                        | Ploughmans                      |
|              | Jacket Potato with Cheese / Beans | Jacket Potato & Filling | Jacket Potato with Cheese / Beans | Jacket Potato With Cheese & Beans | Jacket Potato with Cheese/Beans |

Fresh Fruit, Yoghurt, and Water available daily.