

St John's Green School - Dinner Menu Foundation & KS1 (Year EYFS, 1 & 2)

Please see below the new Universal Free School Meal menu which will run for the next six weeks.

Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name _____

Class _____

Week Commencing	MEAT FREE MONDAY		Chicken Nuggets In a Tortilla Wrap Savoury Rice Fresh Salad & Garlic Mayo Fruit Smoothie or Fruit		Sausage Roll Mashed Potatoes Gravy Mixed Vegetables Fresh Fruit Flatter		Spaghetti Bolognese Garlic Bread Wedge Mixed Vegetables Chocolate Chip Cookie or Fruit		Fish Fingers Chips Peas Baked Beans Iced Chocolate Cake or Fresh Fruit
	13th Oct - 17th Oct		Cheese & Tomato Pizza Jacket Wedges Sweetcorn Fresh Fruit Flatter		Falafel in a Tortilla Wrap Ploughmans Jacket Potato with Cheese & Beans		Vegan Sausage Roll Ploughmans Jacket Potato & Filling		Quorn Fishless Fingers Ploughmans Jacket Potato with Cheese & Beans
Week Commencing	MEAT FREE MONDAY		Pepperoni Pizza Jacket Wedges Sweetcorn Coleslaw Oat Cookie or Fruit		Roast Beef & Gravy Yorkshire Pudding Roasted Potatoes Carrots or Broccoli Fresh Fruit Flatter		Garlic Butter Chicken Wrap Fluffy Rice Fresh Salad Coleslaw Flapjack or Fruit		Fish & Chips Baked Beans Peas Iced Sprinkle Cake or Fruit
	20th Oct - 24th Oct		Green Beans Fresh Fruit Flatter Tomato & Basil Pasta Ploughmans Jacket Potato with Cheese & Beans		Quorn Burger Ploughmans Jacket Potato with Cheese & Beans		Garlic Butter Quorn Fillet Ploughmans Jacket Potato & Filling		Veg Nuggets Ploughmans Jacket Potato with Cheese & Beans
Week Commencing	NON-PUPIL DAY		Chicken Nuggets In a Tortilla Wrap Savoury Rice Fresh Salad Frozen Yoghurt Pot or Fruit Falafel Wrap with Salad Ploughmans Jacket Potato & Filling		Firework Day Lunch Pork Bangers & Gravy Creamy Mash Baked Beans or Peas Firework Cake or Fruit Veggie Bangers & Mash Ploughmans Jacket Potato with Cheese & Beans		Meatballs in a Rich Tomato Sauce Spaghetti Fresh Bread Wedge Green beans Fresh Fruit Flatter Vegan Meatballs & Spaghetti Ploughmans Jacket Potato & Filling		Fish Fingers Chips Baked Beans Peas Iced Chocolate Cake or Fruit Quorn Dippers Ploughmans Jacket Potato with Cheese & Beans
	3rd Nov - 7th Nov								

Fresh Fruit, Yoghurt, and Water available daily.

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Week Commencing	MEAT FREE MONDAY	Spaghetti Bolognese	Sausage Roll	Chicken & Rice	Fish Fingers
	Cheese & Tomato Pizza	Garlic Bread Wedge	Mashed Potatoes	Optional Curry Sauce	Chips
	Jacket Wedges	Mixed Vegetables	Gravy	Naan Bread	Baked Beans
	Sweetcorn		Mixed Vegetables	Peas	Peas
10th Nov-	Fresh Fruit Platter	Oat Cookie or Fruit	Fresh Fruit Platter	Chocolate Brownie or Fruit	Lemon Drizzle Cake or Fruit
14th Nov	Cheese & Pepper Pizza	Veggie Bolognese	Vegan Sausage Roll	Vegan Chilli con carne	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato with Cheese/Beans
Week Commencing	MEAT FREE MONDAY	Pepperoni Pizza	Roast Chicken/ Stuffing & Gravy	Shepherd's Pie	Fish & Chips
	Macaroni Cheese	Jacket Wedges	Roasted Potatoes	Green Beans	Baked Beans
	Garlic Bread Slice	Fresh Salad	Carrots	Carrots	Peas
	Fresh Salad	Coleslaw	Broccoli		
17th Nov-	Fresh Fruit Platter	Iced Apple Cake or Fruit	Fresh Fruit Platter	Frozen Toffee Yoghurt Pot or Fruit	Iced Chocolate Cake or Fruit
21st Nov	Tomato & Basil Pasta	Cheese & Tomato Pizza	Quorn Fillet, Stuffing & Gravy	Veggie Shepherd's Pie	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing	MEAT FREE MONDAY	Spaghetti Bolognese	Pork Sausages & Gravy	Chicken in a Pitta Bread	Fish Fingers
	Cheese & Tomato Pizza	Fresh Garlic Bread Wedge	Mashed Potatoes	Savoury Rice	Chips
	Jacket Wedges	Green Beans	Baked Beans	Fresh Salad	Baked Beans
	Sweetcorn		Peas		Peas
24th Nov-	Fresh Fruit Platter	Flapjack or Fruit	Fresh Fruit Platter	Chocolate Chip Cookie or Fruit	Iced Sprinkle Cake or Fruit
28th Nov	Cheese & Pepper Pizza	Veggie Bolognese	Veggie Sausages	Falafel in a Pitta	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.