

St John's Green School - Dinner Menu KS2 (Year 3, 4, 5, 6)

Please see below the new School Meal menu which will run for the next six weeks. Please return the menu to the school office as soon as possible. The cost of each school dinner is £2.50. The cost per week for school dinners is £12.50. Dinner money should be paid in advance via our online payment system named Schoolcomms. Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name _____ Class _____

	<u>MEAT FREE MONDAY</u>	Spaghetti Bolognaise	Homemade Sausage Roll	 Chicken Nuggets	 Fish Fingers
Week	Cheese & Tomato Pizza	Fresh Bread Wedge	Creamy Mashed Potatoes	In a Tortilla Wrap	Chips
Commencing	 Jacket Wedges	Mixed Vegetables	Gravy	Savoury Rice	Peas
	Green Beans		Carrots	Fresh Salad & Garlic Mayo	Baked Beans
22nd Jan -	Fresh Fruit Platter	Apple Flapjack or Fresh Fruit	Fresh Fruit Platter	Oaty Cookie or Fresh Fruit	Iced Chocolate Cake or Fresh Fruit
26th Jan	Cheese & Vegetable Pizza	Veggie Spaghetti Bolognaise	Vegan Sausage Roll	Falafel in a Tortilla Wrap	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans
Week	<u>MEAT FREE MONDAY</u>	Homemade Chicken Tikka Masala	Roast Beef & Gravy	Pepperoni Pizza	Fish & Chips
Commencing	Macaroni Cheese	Naan Bread	Yorkshire Pudding	 Jacket Wedges	 Baked Beans
	Fresh Bread Wedge	Fluffy Rice	Roast Potatoes	Sweetcorn	Peas
29th Jan -	Salad	Peas	Carrots or Broccoli		
2nd Feb	Fresh Fruit Platter	Vanilla Shortbread or Fruit	Fresh Fruit Platter	Frozen Yoghurt Pot or Fruit	Iced Sprinkle Cake or Fresh Fruit
	Fusilli with Tomato & Basil Sauce	Sweet & Sour Quorn & Rice	Veggie Burger	Cheese & Tomato Pizza	Veg Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans
Week	<u>PLANET FRIENDLY MONDAY</u>	Sticky Chicken	Pork Chipolatas & Gravy	Hot & Steamy Pasta	Fish Fingers
Commencing	Homemade Plant - Based Meatballs	Fluffy Rice	Creamy Mashed Potatoes	Pepperoni in a Rich Tomato Sauce	 Chips
	In a Tasty Tomato Sauce	Peas & Sweetcorn Medley	Beans	Slice of Garlic Bread	Baked Beans
5th Feb -	Spaghetti		Peas	Sweetcorn	Peas
9th Feb	Fresh Fruit Platter	Sultana Flapjack or Fruit	Fresh Fruit Platter	Ginger Biscuit or Fruit	Lemon Drizzle Cake or Fresh Fruit
	Jacket Potato with Tuna	Sweet & Sour Quorn & Rice	Veggie Sausage & Mash	Tomato & Basil Pasta	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans

Fresh Fruit, Yoghurt, and Water available daily.

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Name _____

Class _____

	<u>PLANET FRIENDLY MONDAY</u>	Homemade Chicken Curry	Homemade Sausage Roll	Spaghetti Bolognaise	Fish Fingers
Week	Homemade Vegan Cottage Pie	Fluffy Rice	Creamy Masherd Potatoes	Fresh Bread Wedge	Chips
Commencing	Green Beans	Naan Bread	Gravy	Mixed Vegetables	 Baked Beans
	Carrots	Peas	Carrots		Peas
12th Feb -	Fresh Fruit Platter	Vanilla Shortbread or Fruit	Fresh Fruit Platter	Frozen Fruit Smoothie or Fruit	Apple & Blackberry Cake or Fresh Fruit
16th Feb	Jacket Potato with Tuna	BBQ Quorn & Rice	Vegan Sausage Roll	Veggie Bolognaise	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>	Pepperoni Pizza	Steamed Chicken & Gravy	Beef Lasagne	Fish Fingers
Commencing	Rich & Rustic Pasta & Cheese Option	 Jacket Wedges	Roasted Potatoes	Fresh Bread Wedge	 Chips
	Fresh Bread Wedge	Peas	Stuffing Ball	Fresh Salad	Baked Beans
26th Feb -	Green Beans		Carrots or Broccoli		Peas
1st Mar	Fresh Fruit Platter or Yoghurt	Sultana Flapjack or Fruit	Fresh Fruit Platter	Mango Smoothie or Fruit	Chocolate Cake or Fresh Fruit
	Fusilli & Tomato & Basil Sauce	Cheese & Tomato Pizza	Quorn Fillet & Gravy	Vegetarian Lasagne	Veg Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>	Sausage Pasta Bake	Roast Beef & Gravy	Chicken Nuggets	Fish & Chips
Commencing	Cheese & Tomato Pizza	Fresh Bread Wedge	Roast Potatoes	 In a Tortilla Wrap	 Peas
	 Jacket Wedges	Green Beans	Yorkshire Pudding	Savoury Rice	Baked Beans
	Peas	Sweetcorn	Carrots or Broccoli	Fresh Salad	
4th Mar -	 Fresh Fruit Platter	Oat Cookie or Fresh Fruit	Fresh Fruit Platter	Apple Flapjack or Fresh Fruit	Iced Vanilla Sprinkle Cake
8th Mar	Cheese & Veg Pizza	Tomato Pasta Bake	Vegan Sausage Roll	Falafel in a Tortilla & Garlic Mayo Option	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans	Jacket Potato & Filling	Jacket Potato with Cheese / Beans

Fresh Fruit, Yoghurt, and Water available daily.