Chelmsford
SCHOOL SPORT PARTNERSHIP

AT-HOME ACTIVITY BINGO
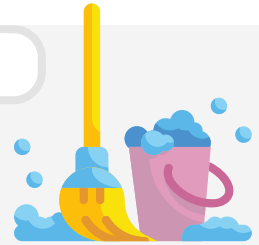## How many can you tick off each day?

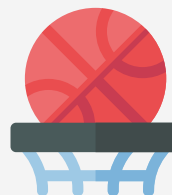|			
Dance to your favourite song	Play in the park	Go to an after-school club	Do some household chores
Go swimming	Walk, jog, skip to school	Play 'IT' with your friends	Go for a walk with your family
Skip with or without a rope in the playground	Take part in an online workout or dance session	Play in a garden	Make up your own game with a ball
Play 'Hide & Seek'	Go for a bike or scooter ride	Take part in a sports training session/match	Play football at playtime