**100  Questions**

1. What do you like best and least about your life?
2. When did you feel loved today?
3. What did I do today that made you feel appreciated?
4. What do I say/do that makes you feel unnoticed?
5. What do you worry about the most?
6. What did you say to the new kid in class (insert friend’s name here) when you went out to play?
7. Did you feel lonely at all today? What happens when you feel lonely? What do you do to help yourself during those times?
8. Were there any times you felt proud of yourself today?
9. When is it ok to lie?
10. How will you know when you’re grown up?
11. If you could have any view from your bedroom window what would it be?
12. If you were going to create a new holiday what would it be and how would people celebrate it?
13. What three things would you like to change in the world?
14. What do you dream about?
15. What is your talent?  What one special talent would you like to build?
16. What fear would you like to conquer?
17. Which school subjects do you think will be useful and which ones will be useless?
18. Are you more comfortable as a leader or follower?  Are there times you feel more like a leader?  More like a follower?
19. What family or school rule would you most like to change?
20. What do you think is the hardest part about being a kid?
21. What do you think is the hardest part about being a parent?
22. What do children know more about compared to adults?
23. What is a good loser?  Are you one?
24. What are the best ways for Mum/Dad to show you that we love you?
25. What questions would you ask me if you knew I had to tell you the truth?
26. What would your friends say they like most about you?
27. When you are having a bad day, what do you do (or can you do) to feel better?
28. What is the most amazing thing about you?
29. What would be the ideal amount of pocket money and how would you spend it?
30. What do you think is beyond the stars?
31. What would you say/do if you were to meet someone from outer space?  What questions would you ask?
32. Do you think there is life on other planets?  If so, what would those lives look like?
33. What would you do if you were invisible for a day?
34. If you could give your younger self one piece of advice, what would it be?
35. Are you kind of friend you would want as a friend?
36. What are you most grateful for?
37. If we learn from our mistakes, why are we so afraid to make a mistake?
38. What would you do differently, if you knew no one would judge you?
39. When was the last time you noticed the sound of your own breathing?
40. Tell me the 5 best things about you?
41. How much privacy would you like? What time of the day would you like to be alone and why?
42. If a genie gave you only one wish, which would you pick and why?
43. What are the qualities that make a good friend?
44. If you could decorate our place, what would it look like?
45. What do you think are the characteristics that make a good parent?
46. Do you think we lose our temper too often? If so, how often?
47. What do you think is the right amount of hugging and kissing that should go on between kids and their parents.  Do you get enough or do you want more?
48. What’s one of the most enjoyable things our family has done together in the last three years?
49. Do I ever forget to notice you are feeling sad? What signs should I look out for?
50. What sport (you haven’t tried) do you feel you would be good at? Why?
51. Is honesty always the best policy?  Why or why not?
52. Tell me about something you are really proud of?
53. How do you choose your friends?  What about them do you enjoy or admire?
54. How much TV a day do you feel a child should watch. How much time spent on gadgets?  If you were a parent would you let kids spend as much time as they want on them?  What might your kids miss out on?
55. At what age should a kid be able to watch any program no matter what is in it?
56. Is there anyone in history that you admire?  Why?
57. What makes a person popular?  Is being popular important to you? Why or why not?
58. If you knew your friend had stolen something, what would you do about it?
59. If you could go back in time to see or do anything, what would it be?
60. Who should be responsible for taking out the garbage?  Doing the dishes? Cleaning the house?  Mowing the lawn?  Is there men’s’ work and woman’s work?
61. Are men and women equally smart?  Why or why not?
62. Do you doodle?  What do your doodles look like?
63. What do you do when you can’t sleep at night?
64. We have 5 senses, if you had to give one up, which would it be?
65. What do you think about more than anything else?
66. How has your birth order (whether you are 1st / last born) been a good/not good thing?
67. If you could remove one thing in your life, what would it be?
68. Have you ever lost a good friendship?  How could you restore that friendship if you wanted?
69. If you had to change your first name, what would you change it to?
70. Should kids be sheltered from unhappiness and struggles? Why?
71. What is something that Mummy/Daddy does, which you think is unfair?
72. If you were Mum/Dad for the day, what would you tell your kids to do?
73. Is a banana real?  How do you know? What is love?  How do you know love is real?
74. What is consciousness?
75. What makes someone interesting?  Are you interesting?
76. Where would you go if you were to run away from home?
77. Why do people get embarrassed/jealous/nervous?   Do you ever feel this way?
78. How are you different from everybody else?
79. What do you most admire about your Dad? Mum? Sister?
80. Why do you think people say mean things to others?  Have you ever said something mean and regretted it?
81. What didn’t you do that well at today, so we can celebrate it.
82. If you were a superhero-what power would you wish for and why?
83. What do you like most about being alive?
84. How do you think you will be different 10 years from now?
85. If you could be any animal, which one would you love to be and why?
86. When you get hurt/sad/angry how do you figure out whether to cry, yell or deal with it?  What is a good way to deal with hurt/fear/anger?
87. What does it feel like when someone is mean to you and what do you usually do?
88. If you could choose anyone (TV or Real Life) to become friends with who would it be and why?
89. What do you do when your sister/parents are sad or upset?  What could you do to turn things around?
90. If you had a day to do anything in the world, what would it be?
91. Have you ever felt jealous?  What does jealousy feel like?  How do you comfort yourself when you you’re jealous?
92. Have you ever seen a friend bullied in the playground?  How did you feel when your friend was bullied? Do you think it’s a good idea to defend or rescue your friend?
93. What is the greatest thing ever invented?
94. Is it always good to tell the truth?  What if the truth will hurt someone else’s feelings?
95. Do you feel it’s ok to eat animals?  If animals could talk, would that make any difference to how you felt?
96. If the house was on fire and all your family where safe and you had the chance to get one thing of yours from the home, what would it be?
97. What are 5 reason why someone might behave meanly?  How do you know which one is the real reason?
98. Do you ever feel as if I prefer your sister more than you?  If so, what can I do so we can turn it around?
99. 10 years from now, when you look back on your life, how do you think you will feel about the way you were?
100. How can I love you exactly the way you need to be loved?  Can you teach me how to love you so you feel my love?