

St John's Green School - Dinner Menu Foundation & KS1 (Year EYFS, 1 & 2)

Please see below the new Universal Free School Meal menu which will run for the next four weeks. Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name

Class

Week Commencing 19th Oct- 23rd Oct	BBQ Chicken Fluffy Rice Peas Green Beans Ginger Biscuit or Fruit	 Pepperoni Pizza Jacket Wedges Peas Green Salad Sticky Orange Cake or Fruit	Roast Gammon & Gravy Roast Potatoes Fresh Carrots Fresh Cabbage Frosted Carrot Cake or Fruit	 Spaghetti Bolognaise Fresh Bread Mixed Vegetables Fresh Salad Fruit Smoothie or Fruit	 Battered Fish Portion Chips Peas Baked Beans Chocolate Cake or Fruit
	BBQ Quorn	Cheese & Tomato Pizza	Veggie Bangers	Veggie Bolognaise	Veggie Burger
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 2nd Nov - 6th Nov	 Homemade Chicken Nuggets In a Warm Pitta Bread Savoury Rice Peas Vanilla Shortbread or Fruit	Steamy Hot Wholegrain & Plain Fusilli with Pepperoni Sauce Fresh Bread Wedge Green Beans Sultana Flapjack or Fruit	Roast Chicken, Stuffing & Gravy Roast Potatoes Fresh Carrots Broccoli Black/Apple Sponge & Cust or Fruit	Mild Chilli Beef with Tacos Fluffy Rice Sweetcorn Firework Sprinkle Cake or Fruit	 Birds Eye Fish Fingers Chips Baked Beans Peas Whole Lemon Cake or Fruit
	Falafel in a Warm Pitta Bread	Tomato Pasta Bake	Quorn Fillet & Gravy	Mild Veggie Mince Chilli with Tacos	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 9th Nov - 13th Nov	<u>Lathes Menu Choice</u> BBQ Chicken Jacket Wedges Sweetcorn Choc Brownie & Ice Cream or Fruit	 Homemade Chicken & Vegetable Pie Creamy Mashed Potato Broccoli or Carrots Gravy Fruit Smoothie or Fruit	Roast Beef & Gravy Roast Potatoes Fresh Carrots Fresh Cabbage Iced Apple Cake or Fruit	Beef Meatballs in a Rich Tomato Sauce Fusilli Pasta Green Beans Mixed Vegetables Oaty Cookie or Fruit	 Battered Fish Portion Chips Peas Baked Beans Double Chocolate Cake or Fruit
	Macaroni Cheese	Vegetarian Sausage Roll	Veggie Burger & Gravy	Quorn Mince in a Rich Tomato Sauce	Veggie Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 16th Nov- 20th Nov	 Homemade Chicken Nuggets Jacket Wedges Peas Fresh Salad Vanilla Shortbread or Fruit	Beef Lasagne Fresh Bread Wedge Green Beans Fresh Salad Strawbery Frozen Yoghurt Pot or Fruit	Roast Pork & Gravy Roast Potatoes Fresh Carrots Broccoli Ginger Biscuit or Fruit	<u>Raedwald Menu Choice</u> Beef Burger in a Brioche Bun Savoury Rice Sweetcorn Chocolate Fudge Cake or Fruit	 Birds Eye Fish Fingers Chips Baked Beans Peas Blueberry & Lemon Tray Bake or Fruit
	Vegetable Nuggets	Vegetarian Lasagne	Veggie Bangers	Vegetarian Sausage Roll	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.