









St John's Green School - Dinner Menu Foundation & KS1 (Year F,1 & 2)

Please see below the new Universal Free School Meal menu which will run for the next four weeks. Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name

Class

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week Commencing 8th Oct - 12th Oct	 Southern Baked Chicken Wraps Savoury Rice Fresh Salad Tomatoes Raspberry Muffin or Fruit	Beef Lasagne Fresh Bread Wedge Mixed Vegetables Fresh Salad 100% Fruit Lolly or Fruit	Roast Pork & Gravy Roast Potatoes Fresh Carrots Broccoli Fresh Fruit Platter or Fruit	 Pepperoni Pizza Jacket Wedges Peas Coleslaw Apple Flapjack or Fruit	 Birds Eye Fish Finger Chips Peas Baked Beans Iced Chocolate & Cherry Cake or Fruit
	Spicy Bean Burger	Tomato Soup, Crusty Bread & Salad	Veggie Burger	Cheese & Tomato Pizza	Veggie Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 15th Oct - 19th Oct	 All Day Breakfast - Bacon, Sausage Scrambled Egg, Beans, Tomato, Mushrooms Fresh Bread Rasp/ Toffee Frozen Yoghurt or Fruit	<u>Dutch Menu Choice</u> Meatballs in a Tomato Sauce Wholegrain & Plain Pasta spirals Sweetcorn Choc Fudge Cake & Choc Sauce /Fruit	Roast Gammon & Gravy Roast Potatoes Fresh Carrots Fresh Cabbage Iced Apple Cake or Fruit	BBQ Chicken Fluffy Rice Mixed Vegetables Broccoli Vanilla Shortbread or fruit	 Battered Fish Portion Chips Baked Beans Peas Iced whole Lemon Cake or Fruit
	Vegetarian All Day Breakfast	Macaroni Cheese	Veggie Mince & Gravy	BBQ Quorn	Vegetable Sausage
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 29th Oct - 2nd Nov	Non - Pupil Day	<u>Iceni Menu Choice</u> Homemade Sausage Roll Creamy Mashed Potato & Gravy Garden Peas Smores or Fresh Fruit	Roast Chicken, Stuffing & Gravy Roast Potatoes Fresh Carrots Fresh Cabbage Chocolate Brownie & Orange or Fruit	Spaghetti Bolognaise Fresh Bread Mixed Vegetables Fresh Salad Sultana Flapjack or Fruit	 Birds Eye Fish Finger Chips Peas Baked Beans Oaty Cookie or Fruit
		Macaroni Cheese	Quorn Fillet	Veggie Mince Spaghetti Bolognaise	Quorn Dippers
		Ploughmans	Ploughmans	Ploughmans	Ploughmans
		Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 5th Nov - 9th Nov	 Pork & Apple Burger in a Brioche Bun Savoury Rice Fresh Salad Homemade Coleslaw Fruit Smoothie or Fruit	Chicken Tikka Masala Fluffy Rice & Warm Naan Bread Peas Green Salad Iced Apple Cake & Custard or Fruit	Roast Beef & Gravy Roast Potatoes Fresh Carrots Broccoli Fresh Fruit platter or Fruit	Steamy Hot Wholegrain & Plain Fusilli with Pepperoni Sauce Fresh Bread Wedge Green Beans Ginger Biscuit or Fruit	 Battered Fish Portion Chips Baked Beans Peas Banana & Chocolate Cake or Fruit
	Veg & Cheese Bake in a Brioche Bun	Falafel & Fluffy Rice	Veggie Bangers	Tomato Pasta Bake	Veggie Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Bread, Fresh Fruit, Yoghurt, Milk and Water available daily.