

St John's Green School - Dinner Menu Foundation & KS1 (Year EYFS, 1 & 2)

Please see below the new Universal Free School Meal menu which will run for the next six weeks.

Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name _____

Class _____

			Chicken Nuggets In a Tortilla Wrap Savoury Rice Fresh Salad & Garlic Mayo Fruit Smoothie or Fruit	Pork Sausage & Mash Gravy Baked Beans Peas Fresh Fruit Platter	Spaghetti Bolognese Garlic Bread Wedge Mixed Vegetables Chocolate Chip Cookie or Fruit		Fish Fingers Chips Peas Baked Beans Iced Chocolate Cake or Fresh Fruit
Week							
Commencing	<u>NON-PUPIL DAY</u>						
1st Sept -							
5th Sept			Falafel in a Tortilla Wrap Ploughmans Jacket Potato & Filling	Veggie Sausages & Mash Ploughmans Jacket Potato with Cheese/Beans	Veggie Bolognese Ploughmans Jacket Potato & Filling		Quorn Fishless Fingers Ploughmans Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>		Pepperoni Pizza Jacket Wedges Sweetcorn Coleslaw Oat Cookie or Fruit	Roast Beef & Gravy Yorkshire Pudding Roasted Potatoes Carrots or Broccoli Fresh Fruit Platter	Garlic Butter Chicken Wrap Fluffy Rice Fresh Salad Coleslaw Flapjack or Fruit		Fish & Chips Baked Beans Peas Iced Sprinkle Cake or Fruit
Commencing	Rich & Rustic Pasta & Cheese Option Fresh Bread Wedge						
8th Sept -	Green Beans						
12th Sept	Fresh Fruit Platter						
	Tomato & Basil Pasta Ploughmans Jacket Potato with Cheese/Beans		Cheese & Tomato Pizza Ploughmans Jacket Potato & Filling	Quorn Burger Ploughmans Jacket Potato with Cheese/Beans	Garlic Butter Quorn Fillet Ploughmans Jacket Potato & Filling		Veg Nuggets Ploughmans Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>		Chicken Nuggets In a Tortilla Wrap Savoury Rice Fresh Salad Frozen Yoghurt Pot or Fruit	Sausage Roll Mashed Potatoes Gravy Mixed Vegetables Fresh Fruit Platter	Meatballs in a Rich Tomato Sauce Spaghetti Fresh Bread Wedge Green Beans Chocolate Chip Cookie or Fruit		Fish Fingers Chips Baked Beans Peas Iced Chocolate Cake or Fruit
Commencing	Macaroni Chese Garlic Bread Wedge						
15th Sept -	Sweetcorn & Peas						
19th Sept	Fresh Fruit Platter						
	Tomato & Basil Pasta Ploughmans Jacket Potato with Cheese/Beans		Falafel Wrap with Salad Ploughmans Jacket Potato & Filling	Vegan Sausage Roll Ploughmans Jacket Potato with Cheese/Beans	Vegan Meatballs & Spaghetti Ploughmans Jacket Potato & Filling		Quorn Dippers Ploughmans Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.

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	<u>MEAT FREE MONDAY</u>	Spaghetti Bolognaise	Pork Sausages & Gravy	Chicken Curry	Fish Fingers
Week	Cheese & Tomato Pizza	Garlic Bread Wedge	Mashed Potatoes	Fluffy Rice	Chips
Commencing	 Jacket Wedges	Mixed Vegetables	Baked Beans	Naan Bread	 Baked Beans
	Sweetcorn		Peas	Peas	Peas
22nd Sept -	Fresh Fruit Platter	Oat Cookie or Fruit	Fresh Fruit Platter	Chocolate Brownie or Fruit	Lemon Drizzle Cake or Fruit
26th Sept	Cheese & Pepper Pizza	Veggie Bolognaise	Veggie Sausages	Macaroni Cheese & Garlic Bread	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>	Pepperoni Pizza	Roast Chicken/ Stuffing & Gravy	Chicken Nuggets	Fish & Chips
Commencing	Macaroni Cheese	 Jacket Wedges	Roasted Potatoes	In a Tortilla Wrap	 Baked Beans
	Garlic Bread Slice	Fresh Salad	Carrots	 Savoury Rice	Peas
29th Sept -	Fresh Salad	Coleslaw	Broccoli	Fresh Salad	
3rd Oct	Fresh Fruit Platter	Iced Apple Cake or Fruit	Fresh Fruit Platter	Vanilla Shortbread or Fruit	Iced Chocolate Cake or Fruit
	Tomato & Basil Pasta	Cheese & Tomato Pizza	Quorn Fillet, Stuffing & Gravy	Veggie Nuggets in a Wrap	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week	<u>MEAT FREE MONDAY</u>	Meatballs in a Rich Tomato Sauce	Sausage Roll	Chicken in a Pitta Bread	Fish Fingers
Commencing	Cheese & Tomato Pizza	Spaghetti	Mashed Potatoes	 Savoury Rice	 Chips
	 Jacket Wedges	Garlic Bread Wedge	Gravy	Fresh Salad	Baked Beans
	Sweetcorn	Green Beans	Mixed Vegetables		Peas
6th Oct-	Fresh Fruit Platter	Flapjack or Fruit	Fresh Fruit Platter	Chocolate Chip Cookie or Fruit	Iced Sprinkle Cake or Fruit
10th Oct	Cheese & Pepper Pizza	Vegan Meatballs & Spaghetti	Vegan Sausage Roll	Falafel in a Pitta	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.