










St John's Green School - Dinner Menu Foundation & KS1 (Year F,1 & 2)

Please see below the new Universal Free School Meal menu which will run for the next four weeks. Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name

Class

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week Commencing 11th Sept - 15th Sept	 Southern Baked Chicken Wraps Savoury Rice Fresh Salad Tomatoes Oaty Cookie or Fruit	Spaghetti Bolognese Fresh Bread Wedge Green Beans Mixed Vegetables 100% Fruit Ice Lolly or Fruit	Roast Pork & Gravy Roast Potatoes Fresh Carrots Fresh Cabbage Blk & Apple Sponge/Custard or Fruit	 Ham & Cheese Pizza Jacket Wedges Fresh Salad Coleslaw Choc or Staw Ice Cream Tub or Fruit	 Battered Fish Portion Chips Baked Beans Peas Whole Lemon Cake or Fruit
	Veggie Mince Nachos & Cheese	Tomato Soup, Crusty Roll & Salad	Veggie Burger & Gravy	Cheese & Tomato Pizza	Veggie Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 18th Sept - 22nd Sept	 All Day Breakfast - Bacon, Sausage Scrambled Egg, Beans, Tomato Mushrooms Fresh Bread Fruit Smoothie or Fruit	 Birds Eye Fish Finger Jacket Wedges Peas Fresh Salad Sultana Flapjack or Fruit	Roast Beef & Gravy Roast Potatoes Fresh Carrots Broccoli Ginger Biscuit or Fruit	Mild Chicken Curry Fluffy Rice Peas Sweetcorn Treacle Sponge & Custard or Fruit	 Pepperoni Pizza Chips Baked Beans Peas 100% Fruit Ice Lolly or Fruit
	Vegetarian All Day Breakfast	Quorn Dippers	Veggie Burger & Gravy	Quorn & Vegetable Stir Fry	Cheese & Tomato Pizza
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 25th Sept - 29th Sept	 Chicken in a Warm Pitta Savoury Rice Fresh Salad Coleslaw Fresh Fruit Platter or Fruit	Beef Lasagne Fresh Garlic Bread Peas Fresh Salad Fruit Smoothie or Fruit	Roast Gammon & Gravy Roast Potatoes Fresh Carrots Fresh Cabbage Cherry/Choc Cake & Cust or Fruit	Butchers Sausages & Gravy With Creamy Mashed Potato Broccoli Mixed Vegetables Apple Flapjack or Fruit	 Battered Fish Portion Chips Baked Beans Peas Blueberry Muffins or Fruit
	Quorn in a Warm Pitta	Tomato Soup, Crusty Roll & Salad	Spicy Bean Burger	Veggie Sausage Rolls & Gravy	Vegetable Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 2nd Oct - 6th Oct	Chicken & Oriental Noodles Stir Fried Vegetables Peas Lemon Shortbread Or Fruit	 Pork & Apple Burger Jacket Wedges Fresh Salad Homemade Coleslaw Choc or Straw Ice Cream Tub or Fruit	Roast Chicken Stuffing & Gravy Roast Potatoes Fresh Carrots Fresh Cauliflower Iced Apple Cake & Custard or Fruit	Steamy Hot Wholegrain & Plain Fusilli Choice of Pepperoni or Tomato & Basil Pasta Green Beans Fresh Fruit Platter or Fruit	 Birds Eye Fish Finger Chips Baked Beans Peas Sticky Orange Cake or Fruit
	Quorn & Oriental Noodles	Veggie Burger	Veggie Mince & Gravy	Macaroni Cheese	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Bread, Fresh Fruit, Yoghurt, Milk and Water available daily.