**Intent**
At St John’s Green Primary School, we want our PSHE teaching to help our children to develop and grow into well-rounded individuals. We want them to have the skills to recognise and develop positive, healthy relationships and to know how to get help when they need it. We want them to have a range of tools to help them look after their physical, mental and emotional health and to know the importance of taking care of themselves and others. We want them to recognise and celebrate diversity and difference and the value it adds to our lives. We want them to be curious and kind. We want them to understand the changes that will occur as they grow up and to help them feel prepared to experience these. We want them to believe in themselves and feel empowered and equipped to become the best versions of themselves.

**Implementation**

We will work to achieve our aims by following the Jigsaw PSHE programme across the school. Jigsaw PSHE uses 6 whole school Jigsaw Puzzles to teach the full breadth of the PSHE and RSE curriculum.

1. Being Me in My World

2. Celebrating Difference

3. Dreams and Goals

4. Healthy Me

5. Relationships

6. Changing Me

Each year group teaches the same puzzle at the same time but with content that is age-appropriate, ensuring even coverage and continuity, building on the same themes year-on-year to deepen children’s understanding. The wide range of meaningful topics gives the children opportunities to discuss and explore potential issues that they may come to experience, or have already experienced, in the real world.

**Impact**

By the time our children leave our school they will:

* Be on their way to becoming healthy, open-minded, respectful, responsible young people
* Have respect for themselves and others
* Know how to develop and maintain positive relationships with their peers
* Have positive self-esteem and aspirations for the future
* Appreciate difference and diversity and view these positively as enriching to their own lives
* Understand and manage their emotions and know where to go when they need help
* Have strategies to care for their mental health and wellbeing
* Understand physical and emotional aspects of the RSE curriculum at an age-appropriate level
* Recognise, and apply in their own lives, the British values of democracy, tolerance, mutual respect and the rule of law and liberty