**St John’s Green PE Intent, Implement and Impact statement.**

**Intent**

At St John’s Green we believe that it is fundamental that children have access to varied and progressive PE lessons. Not only for their physical health but also their mental health. We understand the importance it has on their physical, cognitive and social and emotional development. In addition, PE offers an outlet for many students and opportunity for many to shine.

As well as developing physical skills, our PE lessons teach children intellectual skills, helps them navigate complex social situations, and nurtures their emotional development. The interactive and collaborative nature of PE can foster self-confidence, empathy and understanding by encouraging children to work together and support each other. PE encourages pupils to be creative, solve problems, and plan for the future. By working together, pupils can address physical and intellectual challenges while learning to communicate and manage risk and conflict.

In a single PE lesson, children will have the opportunity to be each of the learning powers at different stages of the lesson and it is our desire that children leave PE lessons with a sense of achievement whatever their ability.

It is our intent that children will leave school with the skills to play a range of sports at a level set to challenge them. We also want to give the children exposure to a range of varied sports and not just core sports.

In addition to the importance we place on PE lessons we also give the children access to extra-curricular sports, clubs and competitions.

**Implementation**

At St John’s Green children will have two PE lessons a week, in this time the children focus on two sports each half term. Therefore, by the end of a year they would have been taught between 11-12 different sports or skills to lead to a sport. In addition to PE lessons children are offered a varied range of after school sports clubs.

We begin in EYFS teaching the seven fundamental movement skills (FMS). PE lessons in EYFS not only help a child to reach ELG in physical development but also in other areas of the curriculum. Including many areas of Personal, Social and Emotional Development umbrella in the EYFS curriculum. As the children progress through the school we continue to work on the FMS in order to develop their basic skills so that they have a solid foundation of skills before progressing onto game situations and learning more complex skills needed to participate successfully in game play. As the children progress through the key stages they have built a secure bank of skills in order to become a successful sportsperson.

As well as the skill side of PE we also talk about the impact that sport and being healthy has on their body so that all children leave school with an understanding of the importance of health and fitness. These skills can also be taken with them throughout their lives.

All Children in KS2 attend swimming lessons. Each year group completes a 12 week block so that by the time they leave our school they know how to swim confidently, the dangers of being around water and what to do if they came into trouble in water.

Children are offered a range of extra-curricular after school clubs and these begin in EYFS. The children have access to a range of sports in-school including; football, dance and yoga. The children are also given the opportunity to apply the skills that they learn in competitive situations against other schools. The school also signposts children and families to local sports clubs.

**Impact**

As a result of the opportunities we give to our pupils in Physical Education, children will leave our school with a well-rounded knowledge of a range of sports and the rules of how to successfully apply these to a game situation. They will know what it takes to be a good sportsperson, including leadership skills, the ability to bounce back from setbacks, teamwork, resilience, collaboration, motivation as well as that ability to reflect and make links between skills learnt in different sports. We think it is fundamental that children understand that loosing is part of sports and this is something that we impress upon from throughout school as we know this will help them as they grow.

When Year 6 leave we want them to have a positive attitude towards sports and the ability to be proud of their peer’s successes. We also want them to feel proud when they achieve a challenge and know how to set themselves a new one. Finally, we want all children that leave our school to lead a balanced an active lifestyle.